

## WHAT CAN YOU DO TO ELIMINATE RACISM?

1. Learn about other people and their culture but go beyond foods and festivals.
2. Explore the unfamiliar. Put yourself in situations where you are in the visible minority.
3. Be a proactive parent. Talk to your children candidly about race.
4. Don't tell or laugh at stereotypical jokes.
5. Think before you speak. Words can **hurt** whether you **mean** them to or not.
6. Be a role model and help educate others regarding your own experiences.
7. Don't make assumptions, stereotypes are destructive.
8. Be introspective -consider how race and racism impact your life and those around you.
9. Don't let others get away with biased language or behavior, **speak up!**
10. Take a position against hate and take a Stand Against Racism.
11. Notice who is in the room, in leadership, in decision -making roles...and who isn't. Then **speak up** about it.
12. Listen to and honor the voices and experiences of people of color.
13. Write letters to newspapers, magazines, and TV sponsors about public statements and actions that demean people.
14. Organize neighborhood discussions on racial justice issues.